

# WELCOME TO THE ADVENTURE OF A LIFETIME

A Yoga Retreat in the heart of Africa with experienced  
yoga teacher and retreat host

**Siobhan Power**

7 days and 6 nights In Victoria falls and Botswana

*Prices: Shared Room £1790 Single room £2210*

*Early bird prices valid until the 31st Dec*

*Payment plans available*



Imagine starting your journey at the Victoria Falls, feeling the power of the mist on your face as you arrive at one of the world's natural wonders. After a night taking in this magical landscape, we'll head into the heart of Botswana for five incredible nights at Munga Plains, nestled in the wild beauty of the Chobe National Reserve.

## Let's Embark on a Transformational Journey Together!

### May 25 – 26: Begin in Victoria Falls, Zimbabwe

Arrive in Zimbabwe and settle into your first night at our lovely partner lodge in Victoria Falls.

Dive into the beauty of the iconic Victoria Falls Rainforest, taking in the lush scenery and magical waterfall mist. Lunch and dinner will be served at the lodge, creating the perfect start for an unforgettable retreat.

---

### May 26 – 31: Into the Wild at Munga Plains, Botswana

Prepare to cross into Botswana for five incredible nights in the heart of Chobe National Park at Munga Plains. Start your morning with breakfast at the lodge before we head to Kasane. From there, we'll embark on a boat cruise and game drive in Chobe National Park, taking in the sights and sounds of Africa's incredible wildlife. Enjoy lunch aboard as we soak up the surroundings, then transfer to Munga Plains for the next 5 evenings.

---

### May 31: A Farewell Morning

Our journey wraps up with a light breakfast before your transfer back to the Victoria Falls airport. For those who want more, there's an option for a mobile safari extension starting from Munga Plains—ideal for keeping the adventure going!



**An idea of what to expect for our itinerary. Please note that this is subject to change.**

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>NIGHT AT</b>	VICTORIA FALLS	MUNGA PLAINS	MUNGA PLAINS	MUNGA PLAINS	MUNGA PLAINS	MUNGA PLAINS	
6:00	INBOUND FLIGHT (VFA)		LIGHT BREAKFAST	LIGHT BREAKFAST	LIGHT BREAKFAST	LIGHT BREAKFAST	LIGHT BREAKFAST
7:00		YOGA SESSION	YOGA SESSION	YOGA SESSION	YOGA SESSION		
8:00		BREAKFAST	YOGA SESSION	YOGA SESSION	YOGA SESSION	YOGA SESSION	TRANSFER TO VICTORIA FALLS AIRPORT
9:00		TRANSFER TO BOTSWANA	BRUNCH	BRUNCH	BRUNCH	BRUNCH	
10:00							
11:00							
12:00		LUNCH					
13:00	TRANSFER TO HOTEL	BOAT CRUISE	YOGA SESSION	YOGA SESSION	YOGA SESSION	YOGA SESSION	OUTBOUND FLIGHT (VFA)
14:00	LUNCH						
15:00	VISIT OF VICTORIA FALLS	GAME DRIVE	WALKING SAFARI	GAME DRIVE	CULTURAL VILLAGE TOUR	OPTIONAL GAME DRIVE	
16:00							
17:00		TRANSFER TO MUNGA PLAINS	SUNDOWNER				
18:00		DINNER	DINNER	DINNER	TRADITIONAL DINNER	DINNER	
19:00	DINNER						
20:00					NIGHT DRIVE		
21:00							
22:00							

**Payment Plans:**

Non Refundable Deposit: £300

1st Payment: £500 (to be paid by 25th Nov)

2nd Payment: £500 (to be paid by 25th January)

3rd payment: Balance (To be paid by 25th February)

Please do get in touch if you would like to discuss a different payment plan option.



## Here's what's on offer during your all inclusive and truly unforgettable yoga retreat in Africa:

- **All Meals:** Delicious, locally-inspired meals served throughout your stay for all dietary requirements. Including tea, coffees and water.
- **All Transfers:** Seamless airport transfers and lodge-to-lodge travel, including border transfers between Zimbabwe and Botswana.
- **Accommodation:** 1 night in a partner lodge at Victoria Falls and 5 nights at Munga Plains in Chobe National Park.
- **Yoga Sessions:** Daily yoga and meditation, surrounded by the African wilderness, including Vinyasa, Yin, Meditation and breathwork with experienced yoga teacher and retreat host Siobhan Power.

**Activities** which are included in the cost but optional to do:

- **Victoria Falls Rainforest Visit:** A guided tour of the iconic rainforest near the Falls
- **Chobe Boat Cruise & Game Drive:** Scenic river cruise and exciting game drive to view wildlife in Chobe National Park
- **Walking Safari & Sundowner:** Guided nature walk, ending with a sundowner experience in the bush
- **Game Drives in Chobe National Park:** Daily opportunities to encounter diverse wildlife
- **Night Drive:** Discover nocturnal wildlife with a unique night drive experience
- **Cultural Village Tour:** A deep dive into local traditions with hands-on cultural workshops, including:
  - Basket Weaving Demonstration and Workshop
  - Music & Drumming Workshop
  - Bush Fauna, Survival, and Medicine Talk
  - Cooking Class
  - Traditional Dance Workshop
  - **Boma Dinner with Traditional Dance:** Experience a Boma-style dinner with vibrant traditional dance performances
  - **Mokoro Ride:** A serene, traditional canoe ride, offering close-up views of the wetlands
  - **Horseback Riding Safari:** A safari on horseback, allowing you to connect with nature in a unique way

If you would like to extend your stay please let me know and we can make further arrangements for you to speak to the relevant people based on what your preferences are.

All you need to bring is yourself, some Safari and Yoga attire and a sense of adventure and wonder.

I can't wait to welcome you soon.

Love Siobhan

[www.shibumijhb.co.za](http://www.shibumijhb.co.za)